



**National Cross Country
Relay Championships
Junior Relay Loop
2.5km**

Bog Stank

**Left - Athletes run left to the tape
Gate = Double taped**

Cumbernauld Allotments

Officials Car Park

Finish

Declarations

Start

Glen Ave

Cumbernauld House Park

**From Parking
at Cumbernauld
Academy**

Left

Left

Left

Left

Left

Left

Left

Left

Left

Left

Gate

Left